



PLAN AHEAD

WHERE: Green Valley Park, CBD Belapur, Navi Mumbai

FOREST TRAIL TO GREEN VALLEY PARK

As part of their *Van Mahatsov* week, the good folks of iNaturewatch have organised a special trail in the forests of Navi Mumbai. Since its monsoon, you get to witness mist-covered forests, croaking frogs and tiny streams and rivers. Not only will you get to explore the lush beauty of Green Valley

Park, but you will also gain knowledge about forest conservation, which is one of the top environmental goals of the country.

WHEN: Jul 2, 7.30 am **ENTRY:** Rs 250 (for adults) and Rs 150 (for kids between the ages of 5 and 15) **LOG:** www.inaturewatch.org



05 THINGS TO DO TODAY



Savour scrumptious sushi

Love to devour delicious pieces of maki, sashimi and nigiri? Then make a stop at any of the two eateries by Farrokh Khambata. The new sushi menu includes Wasabi Hit Prawn Rolls (wasabi-brushed prawn tempura), Pink Panther Rolls (smoked salmon, made with fresh ricotta and seaweed slivers), Popcorn Shrimp Chirashi (served with scattered sticky rice with Thai papaya salad in lettuce cups). Vegetarians, you haven't been left out. Try their veggie creations such as Happy Buddha (avocado, basil and smoked mascarpone), Paradise Rolls (caramelized rainbow carrots with zucchini and edamame) and Rolling Stones (white creamy butter beans with asparagus and scallions).

WHERE: Uname, Churchgate and Joss, Santacruz (W) **WHEN:** Ongoing
CALL: 61110303 (Uname) and 26617771 (Joss)



WWW.FACEBOOK.COM/SUPRIYA

Get a dose of laughter

Forget about hectic meetings and crazy deadlines. It's time to banish Monday blues, and the best way to do so is by indulging in some laughter therapy. At *The Big Mic: Ladies Special*, watch the funniest women in the city deliver fresh, new jokes. Your host for the evening is comedienne Supriya Joshi, a writer for the popular comedy collective AIB.

WHERE: The Cuckoo Club, Bandra
WHEN: 8 pm **ENTRY:** Rs 249 (full cover)
LOG: www.bookmyshow.com



Pamper yourself

Blueberry cheese cake lovers; did you know that it's not just a sinful dessert that makes your tummy happy, but that its also great for your skin. A suburban spa is offering a relaxing blueberry cheese cake massage (a body shinning treatment) or a hot stone massage that will help you to relax and unwind. Bonus: For both the 90-minute-long treatments, they are offering a 50 per cent discount. To sweeten the deal further, they are offering a complimentary treatment for Rs 5,175, if you get a friend along.

WHERE: Reborn Spa, Santacruz
WHEN: Till Jun 30, 11 am to 10 pm
CALL: 26001041

Catch the Kodály Quartet live

What do you get when you group two violinists with one viola exponent and a violoncello player? A string quartet called Kodály. Founded in 1966 by the students of the Ferenc Liszt Academy in Hungary, the quartet is named after famous Hungarian composer, Zoltán Kodály. Known for their recordings of composers such as Haydn, Beethoven and Schubert, the quartet has performed all over the globe. For the next

two days, they will be delighting lovers of Western classical music by performing compositions by Mozart, Dohnányi, Kodály and Janáček, among others.

WHERE: Experimental Theatre, NCPA, Nariman Point **WHEN:** Nov Jun 26 and Jun 27, 7 pm **ENTRY:** Rs 500 to Rs 750
CALL: 66223737



Go for an open mic

Calling all writers, poets and performers out there. *Caférati* is hosting their 102nd open mic night, which provides a platform for artistes to showcase their works. There are 25 slots up for grabs, so make sure you reach the venue on time to register. Each participant will get two minutes to perform. The writing has to be original and only solo or duet performances are allowed. Even though there are no official prizes, if the audience likes your work, you'll get the popular Suleimani Chai from the theatre's cafe.

WHERE: Prithvi Theatre, Juhu
WHEN: 7 pm **ENTRY:** Free
CALL: 26149546